SIGNS AND SYMPTOMS OF A HEART ATTACK

A heart attack or myocardial infarction, occurs when the blood supply to part of the heart muscle is severely reduced or stopped. This occurs when one of the coronary arteries (the arteries that supply blood to the heart muscle) is blocked by an obstruction, often plaque buildup on the artery wall, or by a blood clot. As a result, heart muscle cells do not receive enough oxygen and begin to die. This can cause irregular heart rhythms or even sudden cardiac arrest or stopping of the heart beat. Death can result, which is why it is important to be able to recognize the signs and symptoms of a heart attack and call 9-1-1 immediately

Signs and Symptoms of a Heart Attack

